



Corporate Health Management Solutions

Good Health is Good Business

Corporate Health Management Solutions (CHMS) is an organizational Health and Productivity (HPM) Management company that provides HPM business strategy consulting, services and innovative software tools. CHMS works with corporations with more than 500 employees, healthcare insurance companies, health benefits providers, and disease management and wellness companies, to provide simple systems and strategies that:

- Significantly improve health and productivity of the workforce
- Result in demonstrable savings and greater profits



Until recently, human resource and benefits professionals were not expected to focus on the productivity piece of health and productivity management. As CEOs and CFOs embrace strategies to enhance health and productivity among their employees, they have asked their human resource and benefits departments to take the lead. They recognize that health and productivity go hand-in-hand with increasing revenue per employee, returns for shareholders, and a higher market value.

CHMS works with executives, HR and benefits professionals to demonstrate how integrated health management and workforce productivity lead to improved employee health, decreased employee absenteeism, increased employee productivity and reduced healthcare costs. With its patent-pending approach, CHMS is able to work with the various groups dealing with healthcare and wellness issues at an organization to integrate the disparate data into useful real-time reports that provide a comprehensive scorecard for the organization's health and productivity initiatives.

Toward an HPM Strategy

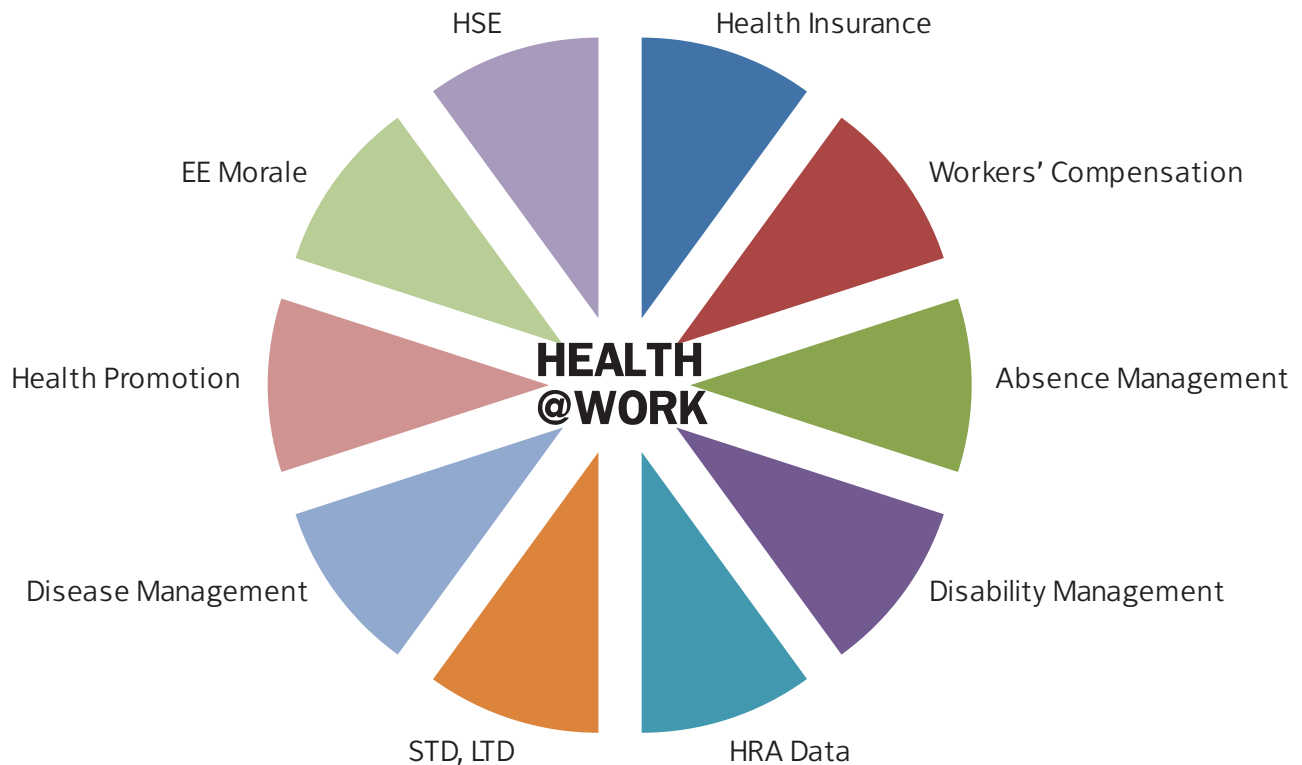
Many organizations have seen their financial and employee health improve, and their productivity increase dramatically through HPM. Creating a comprehensive HPM strategy can be quick and easy, and return tangible benefits in six to eight months.

A comprehensive HPM strategy includes:

- Benchmarking the company's current health benefit programs
- Developing and implementing an integrated HPM business strategy
- Measuring the return on the HPM strategy with CHMS' **HEALTH@WORK** software solution

HPM Integration through **HEALTH@WORK**

Operational and data integration are the keys to a successful HPM program. CHMS' **HEALTH@WORK** software quickly integrates data, produces reporting results with relevant health outcomes, productivity outcomes and financial outcomes. **HEALTH@WORK** operates within any technical environment and is capable of integrating the corporate health and productivity initiatives as highlighted below.



Dr. Chris Skisak



Dr. Chris Skisak started CHMS after spending 20 years developing and directing successful health medical programs for Fortune 500 companies. In addition to implementing the **HEALTH@WORK** solution, Dr. Skisak and his team are available to consult with companies, benefits providers and health services providers to develop integrated HPM business strategies that demonstrate an improved ROI by improving overall health and productivity.

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